

Possible Roles for Development and Implementation of Systematic Tobacco Dependence Treatment in Primary Care Setting

Physicians:

- Convene office team to solicit support for the program and to determine the office plan of action.
- Appoint a member of your healthcare team to function as the tobacco intervention coordinator.
- Use the 5A model of minimal contact intervention to counsel patients in smoking cessation and health effects of tobacco use and benefits of quitting.
 1. *Ask* every patient about their tobacco use status via medical history and personal interview.
 2. *Advise* each patient who uses tobacco to quit in a non-judgemental and personally relevant way.
 3. *Assess* the patients' intentions to quit by assuring completion of the assessment questions on *Tobacco Use Questionnaire* form.
 4. *Assist* patients who want to quit by recommending nicotine replacement products, and/or prescribe varenicline (Champix®); bupropion SR (Zyban®); or a combination of bupropion SR and nicotine replacement medication(s).
 5. *Arrange* for intensive tobacco dependence treatment by asking patients if they would like Smokers' Helpline to call them directly. Notify office staff that a Smokers' Helpline Quit Connection Fax Referral Form should be completed and signed by the patient. All fax form fields must be completed and faxed within 2 business days.

Tobacco Intervention Coordinator:

- Assess and implement necessary changes to documentation system.
- Track and assess the effectiveness of tobacco cessation interventions for each patient.
- Negotiate roles of other team members.
- Establish meetings to monitor program progress and evaluate personnel time and commitment; reassign responsibilities if needed.
- Introduce new team members to program-related responsibilities; delegate training to appropriate personnel, when necessary.
- Organize on-going professional development opportunities for staff by connecting with the Hamilton Tobacco Cessation Community of Practice.

Nurse Practitioner, Nurse and Allied Health Professionals :

- Execute role and attend smoking cessation meetings as determined by the tobacco intervention coordinator.
- Work with physician and healthcare team to evaluate the effectiveness of the program and implement any necessary changes.
- Use the 5A model of minimal contact intervention to counsel patients in smoking cessation.
 1. *Ask* every patient about their tobacco use status via medical history and personal interview.
 2. *Advise* each patient who uses tobacco to quit in a non-judgemental and personally relevant way.
 3. *Assess* the patients' intentions to quit by assuring completion of the assessment questions on *Tobacco Use Questionnaire* form.
 4. *Assist* each patient who wishes to quit tobacco use by helping them set a quit date and providing education about quitting smoking. Recommend nicotine replacement products, varenicline (Champix®); bupropion SR (Zyban®); or a combination of bupropion SR and nicotine replacement medication(s).
 5. *Arrange* for intensive tobacco dependence treatment by asking patients if they would like Smokers' Helpline to call them directly. If the client/patient consents to this service, the staff person will complete a Smokers' Helpline Quit Connection Fax Referral Form when the client/patient is present. All fax form fields must be completed and faxed within 2 business days.
- Record tobacco use status, counselling interactions and any medications in client record/chart.
- **Nurse or Allied Health Professional:** if patient is interested the medications varenicline (Champix®) or bupropion SR (Zyban®), refer the patient to the physician.
- **Nurse practitioner:** can recommend nicotine replacement products, and/or prescribe bupropion (Zyban®); or a combination of bupropion and nicotine replacement medication. Refer the patient to the physician if interested in varenicline (Champix®).

Receptionist:

- Provide client with *Tobacco Use Questionnaire* and identify patient's smoking status in patient file.
- Ensure patient has been asked about Smokers' Helpline Quit Connection Fax Referral.
- Fax referral Smokers' Helpline Quit Connection Fax Referral forms to Smokers' Helpline within 2 business days.
- Keep patient's smoking status up-to-date on patient file.
- Remind patient to check with their insurer regarding coverage for quit smoking medications.
- Ensure tobacco interventions are reflected in billing.
- Execute role and attend smoking cessation meetings as determined by the tobacco intervention coordinator.