

Possible Tobacco Dependence Treatment Roles

Dentist:

- Convene office team to solicit support for the program and to determine the office plan of action.
- Use the 5A model of minimal contact intervention to counsel patients in smoking cessation and provide education on oral effects of tobacco use.
- Recommend nicotine replacement products; varenicline (Champix®); bupropion (Zyban®); or a combination of bupropion and nicotine replacement medication.
- Ask clients/patients if they would like Smokers' Helpline to call them directly. Notify office staff that a Smokers' Helpline Quit Connection Fax Referral Form should be completed and signed by client/patient. All fax form fields must be completed and faxed within 2 business days.
- Appoint a dental hygienist as tobacco intervention coordinator.

Dental Hygienists:

- Act as tobacco intervention coordinator. Responsibilities:
 - Track and assess the effectiveness of tobacco cessation interventions for each patient;
 - Negotiate roles of other team members;
 - Establish meetings to monitor program progress and evaluate personnel time and commitment; reassign responsibilities if needed.
 - Introduce new team members to program-related responsibilities;
 - Organize professional development opportunities for appropriate staff.
- Assess tobacco use for every patient via medical history and personal interview. Assess their willingness to quit.
- Use the 5A model of minimal contact intervention to counsel patients in smoking cessation and provide education on the oral effects of tobacco use.
- Assess the clients/patients intentions to quit by completing the assessment questions on X documentation form. Staff must ask for the client's permission to proceed with the assessment questions. If the client declines, the staff person documents this and does not proceed to complete the 5 As protocol.
- Record tobacco use status, counselling interactions and any medications by completing the assessment questions on X documentation form.
- Ask clients/patients if they would like Smokers' Helpline to call them directly. If the client/patient consents to this service, the staff person will complete a Smokers' Helpline

Quit Connection Fax Referral Form when the client/patient is present. All fax form fields must be completed and faxed within 2 business days.

- Suggest follow up with dentist, physician, or pharmacist if client is interested in quit smoking medications.
- Work with dentist to evaluate the effectiveness of the program and implement any necessary changes.

Dental Assistant:

- Provide interested clients/patients with self-help educational package/materials containing the self-help booklet series from the Canadian Cancer Society's Smokers' Helpline.
- Order supplies, such as chart stickers and tobacco history questionnaires, as directed by the tobacco intervention coordinator.
- Monitor pamphlets/forms and reorder as necessary.
- Assist the receptionist, as needed.
- Provide encouragement to patients/clients who are going through the quitting process.
- Execute role and attend smoking cessation meetings as determined by the tobacco intervention coordinator.

Receptionist:

- Provide client with appropriate screening tool; identify client's smoking status in patient record such as a non-tobacco-use indicator sticker.
- Ensure client has been asked about SHL Quit Connection Fax Referral.
- Fax referral forms to SHL.
- Replace tobacco-use indicator with non-tobacco-use indicator after a successful quit attempt.
- Remind client to check with their insurer re. Quit smoking medication coverage.
- Execute role and attend smoking cessation meetings as determined by the tobacco intervention coordinator.