

ROUTINE ORDERS

Adult Nicotine Replacement Therapy (NRT) Order Set

Prescriber instructions: 1) The prescriber MUST check an empty box (☐) to activate the corresponding order.
2) An order with a black box ■ will be activated UNLESS the prescriber crosses out the complete order with a line and initials.

Date: year/month/day	Time:	Weight (kg): _____ Height (cm): _____	Allergies: ☐ None ☐ Yes Review electronic record	*Order #	Initials
Consultations					
■ Consult Most Responsible Physician (MRP) for reassessment of ordered NRT if patient: <ul style="list-style-type: none"> • Develops a skin rash or has a sensitivity to adhesive • Experiences withdrawal symptoms ranking 3 or 4 on Withdrawal Scale, despite NRT patch and short acting NRT use (nicotine gum and/or lozenge) See Adult Nicotine Withdrawal Toxicity Flow Sheet GRH3038 					
Medication					
Nicotine Replacement Therapy (NRT) Patch:					
<input type="checkbox"/> Protocol One - (Patient smoking less than 10 cigarettes per day or weighing less than 45 kg) <ul style="list-style-type: none"> • Nicotine Transdermal Patch 14 mg applied once daily for 6 weeks, followed by • Nicotine Transdermal Patch 7mg applied once daily for 2 weeks 					
OR					
<input type="checkbox"/> Protocol Two - (Patient smoking 10-30 cigarettes per day) <ul style="list-style-type: none"> • Nicotine Transdermal Patch 21 mg applied once daily for 6 weeks, followed by • Nicotine Transdermal Patch 14 mg applied once daily for 2 weeks, followed by • Nicotine Transdermal Patch 7 mg applied once daily for 2 weeks 					
OR					
<input type="checkbox"/> Protocol Three - (Patient smoking 30-40 cigarettes per day) <ul style="list-style-type: none"> • Nicotine Transdermal Patch 28 mg (14mg + 14mg) applied once daily for 6 weeks, followed by • Nicotine Transdermal Patch 21 mg applied once daily for 4 weeks, followed by • Nicotine Transdermal Patch 14 mg applied once daily for 2 weeks, followed by • Nicotine Transdermal Patch 7 mg applied once daily for 2 weeks 					
OR					
<input type="checkbox"/> Protocol Four - (Patient smoking greater than 40 cigarettes per day) <ul style="list-style-type: none"> • Nicotine Transdermal Patch 42 mg (21mg + 21mg) applied once daily for 6 weeks, followed by • Nicotine Transdermal Patch 35 mg (21mg + 14mg) applied once daily for 2 weeks, followed by • Nicotine Transdermal Patch 28 mg (14mg + 14mg) applied once daily for 2 weeks, followed by • Nicotine Transdermal Patch 21 mg applied once daily for 2 weeks, followed by • Nicotine Transdermal Patch 14 mg applied once daily for 2 weeks, followed by • Nicotine Transdermal Patch 7 mg applied once daily for 2 weeks 					
Short acting Nicotine Replacement Therapy (can be used in combination with patch):					
<input type="checkbox"/> (SMGH only) Nicotine 2 mg Gum q 30 minutes prn (max 20 pieces per day)					
<input type="checkbox"/> (GRH only) Nicotine 4mg Gum q 30 minutes prn (max 20 pieces per day)					
<input type="checkbox"/> Nicotine 2 mg Lozenge q 30 minutes prn (max 20 lozenges per day)					
■ Arrange community follow-up based on patient preferences ■ Provide patient with instructions for continued NRT prior to discharge or transfer to next level of care					

* Enter Order # and initial (by Nurse/Clerical)

Prescriber Signature: _____ Date: _____ Time: _____

Transcriber Signature: _____ Date: _____ Time: _____

Nurse Reviewer Signature: _____ Date: _____ Time: _____